SOVT Exercises and Straw Phonation useful links   
  
https://vocalab.com.au/the-surprising-science-behind-vocal-warm-ups/   
  
http://www.voicescienceworks.org/straw-phonation.html   
  
https://www.strawsforvoice.com/how-why   
  
<https://www.thenakedvocalist.com/podcast/42/>

https://www.ensembleschools.com/the-inside-voice/singing-through-a-straw/